

Recipes

of GELATERIA



CREAM BASE

FRUIT FIBRA 50

DESCRIPTION

The FRUIT FIBRA 50 is a cold base rich in vegetable fibers, without fats and flavors, for fruit gelato and sorbets without fats and without milk. Used with the use of fruit, juices and fruit pastes. It guarantees a trowelable structure.

BALANCING PARAMETERS

FATS	MILK NON FATS	SUGARS	OTHER SOLIDS
0%	0%	70%	23%

The recipes proposed are balanced with:

TOTAL SOLIDS	33%
FATS	0-1%
MILK NON FATS	0%
SUGARS	26-30%
Other solids per difference	

Recipes with fruit pastes



COLD PROCESS

PASTES with dosage 50 g / kg		
Limone	FRUIT FIBRA 50	35
	Water	670
	Lemonina	20
	Sugar	225
	Total	950
<i>Add the flavor to the indicated dosage</i>		
PASTES with dosage 100 g / kg		
Arancia - Mandarino	FRUIT FIBRA 50	35
	Water	655
	Lemonina	15
	Sugar	195
	Total	900
<i>Add the flavor to the indicated dosage</i>		
PASTES with dosage 100 g / kg		
Albicocca, Amarena, Ananas, Anguria, Fragola, Fragolina di bosco, Frutti di bosco, Frutto della passione, Kiwi, Lampone, Mango, Mela, Melone, Mirtillo, Pera, Pesca	FRUIT FIBRA 50	35
	Water	660
	Sugar	205
	Total	900
	<i>Add the flavor to the indicated dosage</i>	

Recipes with only fruit



COLD PROCESS

Taste	RECIPE g	
Limone, Lime, Maracuja (Passion Fruit)	FRUIT FIBRA 50	35
	Water	460
	Sugar	255
	Lemon or lime juice	250
	Total	1000
Albicocca, Amarena, Ananas, Ciliegia, Fragola, Kiwi, Lampone, Mela, Melone, Mirtilli, Mora, Papaia, Pera, Pesca, Pompelmo, Ribes	FRUIT FIBRA 50	30
	Water	255
	Sugar	215
	<i>Fresh or frozen fruit</i>	500
	Total	1000
Cachi, Fichi, Mango	FRUIT FIBRA 50	25
	Water	280
	Sugar	195
	<i>Fresh or frozen fruit</i>	500
	Total	1000
Anguria, Arancia, Gelsi, Mandarino	FRUIT FIBRA 50	35
	Water	125
	Sugar	190
	<i>Fresh or frozen fruit</i>	650
	Total	1000

Recipes with fruit and fruit pastes



COLD PROCESS

Taste	RECIPE g	
Limone	FRUIT FIBRA 50	35
	Water	575
	Sugar	240
	Lemonina	10
	Lemon juice	120
	Pasta Limone	20
	Total	1000
Maracuja (Passion Fruit)	FRUIT FIBRA 50	35
	Water	580
	Sugar	215
	Fresh or frozen fruit	120
	Pasta Frutto della Passione	50
	Total	1000
Albicocca, Amarena, Ananas, Fragola, Fragolina di bosco, Frutti di bosco, Kiwi, Lampone, Mango, Mela, Melone, Mirtillo, Pera, Pesca	FRUIT FIBRA 50	30
	Water	415
	Sugar	205
	Fresh or frozen fruit	300
	Pasta Frutta	50
	Total	1000
Anguria, Arancia*, Mandarino* * si consiglia l'aggiunta di Lemonina (15 grammi / kg di gelato)	FRUIT FIBRA 50	35
	Water	315
	Sugar	200
	Fresh or frozen fruit	400
	Pasta Frutta	50
	Total	1000

N.B. : it is possible to enrich the recipe by increasing the solids, with the addition of FIBER PIU[®], dosage of 20g / 1kg.